April 2, 2020 "Coping with COVID" 4:00 PM Big Horn County COVID-19 Update/Response

For Immediate Release

I am amazed that there are still people that think, like ostriches putting their heads in the sand, that we will not be affected here in Wyoming or Big Horn County. I think it is because we are all at different places in "Coping with COVID."

Some are still denying it. Others are angry about how it has changed their lives. Some are trying to negotiate getting testing to change their circumstances, while others want the borders closed from states that have it more extensively. Then there are those that are fearful and depressed.

I find very few who are accepting and adjusting well to our new reality.



Even though we don't have a case yet in the county doesn't mean it isn't real.

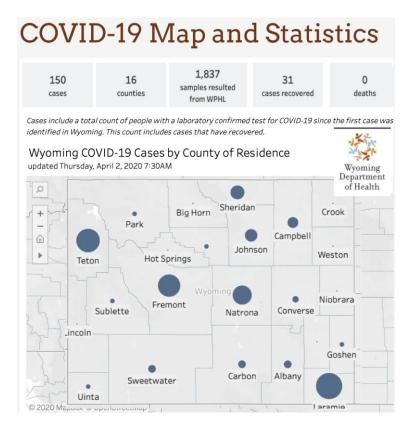
Please look at what happened in Washington State recently where a choir rehearsal in a county without any positive cases turned deadly for 2 and infected 28 others.

https://nypost.com/2020/03/30/washington-choir-rehearsal-turns-deadly-after-coronavirus-kills-2/

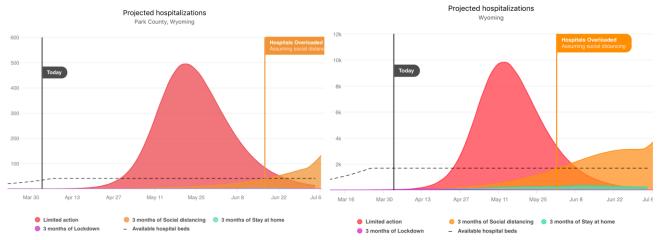
I will once again update you on the status of COVID-19:

As of 7:30 a, we have 150 cases in Wyoming. The number of cases has tripled in the last week.

We also have **31** people who have fully recovered and are not quarantined or hospitalized anymore. NO DEATHS. We still have NO CASES in Big Horn County, with 23 tested recently.



New modeling shows where we are on the curve in Wyoming and locally. They have to use Park County because we don't have a reported case yet.



Let us be responsible. PLEASE make a difference. STAY HOME.

All the county leaders strongly urge you to follow *all three of the <u>State Health Orders</u>*, *extended until April* 17th.

DO THE FIVE, STAY ALIVE
Stay Home. Stay Distant. Stay Safe!
Counter COVID with Clean Counters!
Swerve the Curve!
Kick the Panic!
Curb the Spread, Keep your Head!
Stay Home on The Range, To Avoid the Strains!
Say your Prayers and Share your Cares.
Don't touch your FACE, Keep in your SPACE.
Hold the Phone, Keep in your Zone.
Borders Closed, so they're not Exposed.
"Coping with COVID"

If you need help finding a health care provider or additional information on COVID call 211.



Help stop coronavirus

- 1 HANDS Wash them often
- 2 ELBOW Cough into it
- 3 FACE Don't touch it
- 4 SPACE Keep safe distance
- 5 HOME Stay if you can

Anyone who feels that they may be at risk of harming themselves, or who knows of someone in immediate danger of harming themselves, should **call 911**. Anyone experiencing suicidal thoughts is encouraged to call the U.S. National Suicide Prevention Lifeline at <u>1-800-273-TALK (8255)</u> or **text "WYO" to 741-741** for the Crisis Text Line. Veterans can call: 1 800-273-8255.



Respectfully,
David Weston, Fairbanks, MD, FAAFP
Big Horn County Health Officer
Medical Commissioner, State Emergency Response Commission,
Wyoming Office of Homeland Security
Medical Director, Wyoming State Parks EMS
Chairman Wyoming EMS for Children
Medical Director, Shell Volunteer Fire Department & EMS
Medical Director, Big Horn County Search & Rescue
Medical Director, Antelope Butte Mountain Recreation Area & Ski Patrol



For Sources of Information on COVID-19:

- Big Horn County Public Health Website:
 https://www.bighorncountywy.gov/departments/public-health
- 2. Park County Public Health Coronavirus Information Line: 754-1870 or 527-1870 (Updated regularly). Big Horn County may use this.
- Up to date announcements from Wyoming Department of Health as they are released Wyoming Department of Health Website: https://health.wyo.gov/publichealth/infectious-disease-epidemiology-unit/disease/novel-coronavirus.
- 4. CDC Website: https://www.cdc.gov/coronavirus/2019-ncov/community/index.html
- 5. Wyoming Department of Health State Orders:

https://health.wyo.gov/publichealth/infectious-disease-epidemiology-unit/disease/novel-coronavirus/covid-19-orders-and-guidance/

6. <u>Rumor Control</u>: This FEMA page is to help the public distinguish between rumors and facts regarding the response to COVID-19.

